

LEICESTER NETBALL LEAGUE

HANDBOOK 2015/2016



NAME _____

TEAM _____

AFFILIATION NO _____

www.leicester-netball.co.uk

See website for fixtures, results and tables throughout the season

Contents	Page
Chairperson's Welcome Note	3
Leicester Netball League Committee Members	4
LNL Constitution	5
LNL Winter League Rules	9
CAPS – How can it help my club?	15
Risk Assessment – How to complete	16
Winter League Teams	17
Club Information and Contacts	18
Game Timings	19
Duty Team Responsibilities	20
Players' Responsibilities	21
Captains' Responsibilities	22
Umpires' Responsibilities	23
Parents, Guardians and Supporters Code of Conduct	24
Fixture List – Seniors	25
Coaches List	33
Umpire Mentor List	33
Umpires List	34

WELCOME

Dear Fellow Leicester Netball League Members,

Welcome back for those of you playing last season or those returning after injury, pregnancy or just from a well-deserved rest! The start of the 2015/16 season is upon us so let's hope the weather stays on our side!

We a record entry of 38 teams this year we have had to form a new division to cope with the influx! Welcome to Kingsway Kangaroos, ACE Ladies, Blaby Netball 2, University of Leicester (1&2), Grasshoppers 6 and Rutland Rockets (5&6). Sadly we have 2 teams leaving this year – Snippers 1 and Caterpillar 2 but I'm sure we'll see some of their faces playing for other clubs/teams. To try and confuse you also we have had a couple of team name changes so Snippers 2 are now Team Vend and Caterpillar are Fusion – that should keep all the umpires on their toes!!

Following on from the reinstated Umpire's Forum at the start of the season the emphasis has been on controlling the match and understanding league rules – in order for us to help umpires across the county there has been some changes to the rules to assist consistency so please have a look through and familiarise yourselves (and make all your umpires aware!).

A continuing thank you for the work the members of the LNL committee for the work they have put in over the last 12 months and for the time they will put in for this year. Your help and support throughout the year is always appreciated and because of you this league is able to run. If there is anyone out there who would like to join the committee there are positions available to please contact me. We could use some young blood represented as the league will be yours in future years!!

I wish you all a successful but most of all and enjoyable season of netball.

Best wishes

Tracy

Tracy Glover
Chairperson
Leicester Netball League

LEICESTER NETBALL LEAGUE COMMITTEE MEMBERS 2015/2016

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LNL CONSTITUTION

1. TITLE

- 1.1 The League shall be called Leicester Netball League, hereafter to be referred to as the “League” and shall be affiliated to England Netball (hereafter called the EN).

2. AIMS AND OBJECTIVES

- 2.1 Co-operate with EN and with the region to promote and encourage the game of netball.
- 2.2 Plan and help in the growth of netball within the geographical area under its jurisdiction.
- 2.3 Organise such events as the members’ desire.
- 2.4 Adopt the rules and regulations laid down by the EN.
- 2.5 Keep a watching brief on netball facilities within Leicester.
- 2.6 Employ the funds of the League as shall be deemed to be in the best interest of the game.

3. MEMBERSHIP

- 3.1 Any club may apply for membership to the League. Such application should be made to the League Secretary, by the date set by the Committee, together with the appropriate fees.
- 3.2 Clubs wishing to play in the Winter League must be affiliated to EN.
- 3.3 All EN affiliated members shall be entitled to vote at the Annual General Meetings and any Extraordinary Meetings of the League. If more than one club representative is present – one person shall be nominated to vote on behalf of that club. Membership may be revoked by a majority vote of the Committee for any offence considered contrary to the Constitution.
- 3.4 The League Committee reserves the right to accept or refuse any application to the League.
- 3.5 All members shall be bound by the Constitution and any other rulings of the League Committee and by the current rules of the game.

4. OFFICERS

- 4.1 The officers of the League shall be as follows:-

Executive Officers

Chairperson
Vice Chairperson
Treasurer
Invoicing Secretary
League Secretary
Fixture Secretary
Results Secretary
Umpiring Secretary

Non executive Officers

SVCC Bookings Officer
New Player Liaison Officer
5 Ordinary Members

5. ELECTION OF OFFICERS

- 5.1 All officers shall be elected at the Annual General Meeting of the League, from and by the members of the League.
- 5.2 All officers are elected for a period of one year, but may be re-elected to the same office or another office the following year.
- 5.3 All officers must be affiliated to EN.

6. GENERAL COMMITTEE

- 6.1 The affairs of the League shall be controlled by a general Committee comprising of the Executive Officers of the League and four other ordinary members, elected from and by the members of the League. The general Committee shall meet at agreed intervals, which are not less than four times per year.
- 6.2 The duties of the General Committee shall be:
 - 6.2.1 To control the affairs of the League on behalf of the members.
 - 6.2.2 To keep accurate accounts of the finances of the League through the Treasurer. These should be available for reasonable inspection by Members and should be audited before every Annual General Meeting. The club shall maintain a current bank account and the following officers shall be authorised to sign League cheques: Chairperson and Treasurer.
 - 6.2.3 To co-opt additional members of the Committee as the Committee feels is necessary. Co-opted members shall not be entitled to vote on the Committee.
 - 6.2.4 To make necessary decisions on the basis of a simple majority vote. In the case of equal votes, the Chairperson shall be entitled to an additional casting vote.

7. GENERAL MEETINGS

- 7.1. The Annual General Meeting of the League shall be held not later than the end of September each year. Twenty-one days written notice shall be given to Members of the Annual General Meeting by circulating a copy of the notice to every club secretary at either their home address or by electronic mail. Members must advise the League in writing of any business to be moved at the Annual General Meeting at least fourteen days before the meeting is to be held. The League shall then circulate an agenda to club secretaries not less than seven days prior to the meeting.
- 7.2. The business of the Annual General Meeting shall be to:
 - 7.2.1 Confirm the minutes of the previous Annual General Meeting and any General Meeting held since the last Annual General Meeting.
 - 7.2.2 Receive the audited accounts for the year from the Treasurer.
 - 7.2.3 Receive the annual report of the Committee from the Chairperson.
 - 7.2.4 Elect the Officers of the League.

- 7.2.5 Transact such other business received in writing by the Chairperson from members, fourteen days prior to the meeting and included on the agenda.
- 7.2.6 Persons entitled to vote at the General Meetings shall be:-
Clubs - 1 vote each
Elected officer - 1 vote each.
- 7.3 Nomination of candidates for election of officers shall be made in writing to the Chairperson at least fourteen days in advance of the Annual General Meeting date.
- 7.4 Nominations can only be made by EN members and must be seconded by another member.
- 7.5 At all General Meetings, the chair will be taken by the Chairperson or, in their absence, by the Vice Chairperson or by a deputy appointed by the League or League members attending the meeting. In the event of equal votes, the Chairperson shall be entitled to an additional casting vote.
- 7.6 A quorum for a General Meeting shall be five officers of the Committee and five other ordinary members from the League.

8. EXTRAORDINARY GENERAL MEETING

- 8.1 An Extraordinary General Meeting may be convened:-
- 8.1.1 By order of the League Committee.
- 8.1.2 Upon the written request to the Chairperson of the Committee, by five or more members entitled to vote at the General Meeting.
- 8.1.3 Each requisition shall state the purpose for which a Meeting is required and shall set out any resolution which it is desired to propose.
- 8.1.4 The Meeting shall be held within twenty-eight days of receipt of the requisition by the Chairperson and fourteen days' notice of the Meeting and of any resolution proposed shall be given to each club secretary.

9. DISCIPLINE

- 9.1 The Committee shall have the power to discipline in such a manner, as it thinks fit, an individual or team that has been guilty of conduct considered by the League to be disgraceful or detrimental to the interests of the League or the name of netball. Written notice shall be given to teams or individuals involved in such instances.

10. INDEMNITY

- 10.1 Any Honorary Officer and any Member of the League Committee and/or its Sub-Committees shall be indemnified by the League against all costs and losses which he/she may incur or sustain in relation to the execution of the duties of their office, or by reason of any duty performed for and with the authority of the League Committee.

11. ARBITRATION

- 11.1 If any dispute shall arise on the interpretation of this Constitution or the need arises to deal with any matter not provided for in this Constitution, reference

shall be made to the Chairperson who shall refer the same to the League Committee whose decision shall be binding on all parties.

12. ALTERATIONS TO THE CONSTITUTION

- 12.1 Any proposed alterations to the League Constitution may only be considered at an Annual General Meeting or Extraordinary General Meeting, convened with the required written notice of the proposal.
- 12.2 Any alteration or amendment must be proposed by an EN member of the League and seconded by another EN member. Only EN members affiliated to the LNL can propose amendments and/or alterations. Such alterations shall be passed if supported by not less than two thirds of those members present at the meeting, assuming a quorum has been achieved.

13. DISSOLUTION

- 13.1 The League shall only be dissolved at an Annual General Meeting or Extraordinary General Meeting.
- 13.2 In the event of the dissolution of the League, the Committee shall realise the assets and property of the League and call in all monies due to the League.
- 13.3 After discharge of all debts and liabilities, any remaining surplus shall be given to such sporting organisations as agreed at the Annual General Meeting or Extraordinary General Meeting.
- 13.4 The consent of the benefactor shall be sought before the disposal of any property or assets, which have been donated or have come to the League as a result of Grant Aid.

SEPT 2014

WINTER LEAGUE RULES 2015/2016

1. All rules are played to England Netball Rules except for Rule 8, which is covered by Domestic Ruling.
2. All members representing their club in *any* capacity **MUST** be affiliated to the England Netball (EN) through that club. Checks will be made throughout the season and points deducted if non-affiliated members have been used.
3. All teams entering the Leicester Netball League (LNL) **MUST** have a named qualified umpire that has a minimum of a 'C' Award qualification. The only exception to this ruling is Division 2, Division 3 or Youth league may use an unqualified umpire who is being mentored towards their 'C' award test who have had prior approval from the LCNA umpiring secretary or the committee of LNL and have a current accreditation card from LNL. They can only umpire with a mentor present and only for those fixtures annotated as non-qualified commitments on the fixtures.

The name of the umpire **MUST** be included on all League application forms unless stated on the form. The umpire should be willing to fulfil all the team's umpiring commitments throughout the duration of the League. Umpires from different Clubs and Counties may be used provided they possess a current EN affiliation card and a current EN umpiring award. All nominated umpire/s must fulfil a minimum of 25% of the club's umpiring commitments. The fine for umpires not completing 25% of their club's commitments is £20.00 fine for the club. Exceptional circumstances will be taken into consideration on written notification to the committee.

4. **PLAYERS AND UMPIRES MUST CARRY THEIR AFFILIATION NUMBERS AT ALL TIMES.** Spot checks will be made throughout the season, and any player or umpire found not having up to date affiliation will be unable to participate in the LNL. Should a team be reduced to less than 5 players as a result of the check, then the game will be played as a friendly with the points awarded to the non-offending team. The offending team to pay normal court costs. Should both teams be unable to field a team, the game will become **VOID** with the court costs being paid by both teams. The league may instead of banning a player on the 1st occasion of not being able to produce their affiliation number - may ask for a donation to a charitable cause.
5. Normally, new clubs will start in the lowest division. The League Committee reserve the right on occasion, to promote new or existing teams of exceptional ability to a higher division than would normally be the case, by the usual promotion procedure.
6. The top two teams from each division will be promoted to a higher division at the end of the season. The bottom two teams of each division will be relegated at the end of the season. The League reserves the right to alter this ruling if the Divisions need to be altered in size due to the amount of applications they receive for entry to the League.
7. League matches will be played at **Soar Valley College, Leicester, between 7.00 pm and 9.30 pm on Tuesday evenings.**
8. Each team in the League will play all teams in their Division twice. Matches will consist of 4 quarters, 15 minutes each quarter. **There will be a 3-minute break between quarters, a 3-minute break at half time, and an 11-minute break**

before the second game starts. Punctuality is important, but **ONE MINUTE** will be allowed for lateness providing a good reason is given (Domestic League Ruling).

9. All teams are asked to be on court at the time stated for their match. Each team must have **at least 5 players on court** in order to start the match. Captains should have previously tossed and informed the umpires of the first centre pass. If a team is late or has less than 5 players, the points will be awarded to the opposing team. Teams have 2 minutes from the central timing to get into position for start of play. **The umpires will have ultimate responsibility to time this and their decision is final and no discussion will be entered into.**

10. If neither team has a minimum of 5 players on court when the match is due to start, the match is void and no points will be awarded to either team.

11. Where a club has more than one team in the League, no 1st team player may play for a lower team; no 2nd team player may play for a lower team etc. etc. Lower team players however may play for the immediate higher team, **BUT NOT MORE THAN 3 TIMES DURING THE SEASON (on the fourth occasion the player will then stay in the team above)**. Playing for a higher team means for the whole of the match or part thereof. Players cannot switch between matches being played at the same time (i.e. start for 2nd team, move to 1st team for 2nd quarter, return to 2nd team or 3rd quarter etc.)

12. Clubs with more than **one** team playing in the League, regardless of the division they play in, **must** in the event of player shortages, draw from lower team before a game is cancelled or postponed (remembering Rule 11 regarding the number of times a player may play for a higher team).

For example: - A club with 4 teams in the League -
Team 1 must pull up from team 2
Team 2 must pull up from team 3
Team 3 must pull up from team 4

Should team 4 be left short of players, they may cancel or postpone the game, following Rule 33 accordingly.

13. Checks will be made and penalties incurred for the infringement of **Rule 11**. Permanent team changes can be allowed during the year, i.e. higher team players dropping to a lower team, **but not within the last 6 weeks of the season**. Once a player has been permanently dropped to a lower team, **they may only play for a higher team if they have not already exceeded the 3 times rule**. i.e. if they played twice for the higher team and then were dropped, they may play once more for a higher team, and if they have played once for the higher team, they may only play twice etc. The League Secretary should be notified immediately of any changes in writing.

14. Clubs in the League must **submit a list of each team's players** to the League Secretary prior to the start of the league fixtures. Failure to provide a list will mean that the league will take the teams submitted on the evening as the ultimate list and therefore players are not allowed to play for a lower team unless they abide by rule 13.

15. A player may change clubs **ONCE** during the League. They will however, be liable to pay a second affiliation fee, details of which can be obtained from the Affiliations Secretary for LCNA.

16. Any player changing clubs during the League **must** inform the League Secretary, in writing, of their intentions and specify from what date the change is to occur from before they play for their new club.

17. Once a player has changed clubs, they will be eligible to play in matches for their new club. They **MAY NOT** however, play in any further matches for their old club for the duration of the League. If a player does play again for their old club during the League, the match will be **forfeited** and the points awarded to the opposing team.
18. If a team withdraws from the League before the end of the season, or defaults on **ANY** commitment likely to inconvenience others, they will lose their £20 deposit.
19. If a team does withdraw from the League before the end of the season, all points scored from the games already played against this team will be lost and all goals scored for and against will also be deducted.
20. **TWO** or more members of a disbanded club cannot play down more than one division i.e. players from a Premiership team disbanding, may only play in the Premiership and Championship. They must secondary affiliate to that team. Within the last 6 weeks of the playing season, no member of a disbanded club may join another team.
21. Clubs are asked to take particular note of the rules regarding bibs. EN rules require bibs to be marked **FRONT AND BACK**. The offending team will forfeit the game if not adhered to. Teams allocated the left hand column of the fixtures will be classed as the 'Home' team and as such given priority of bib colour for that match.
22. All team players **must** wear uniform netball kit, i.e. all wear the same colour shirt, bib and skirt, shorts or dresses. An individual may wear tracksuit trousers instead of a skirt or shorts, **provided they are dark in colour or the same colour as the skirt or shorts**. If not the same colour, the umpires have the right to insist that a skirt or shorts be worn over the top of the tracksuit trousers before a player is allowed to participate in the match.
23. Players are reminded to take note of the IFNA rules regarding fingernails, the wearing of jewellery (including piercings and spacers) and medic alerts. Infringement of these rules will result in the player being barred from participating by the umpires. Taping of nails is not allowed. EN ruling concerning wearing gloves and head coverings applies.
24. Any player who has to cut fingernails, remove jewellery etc. and is not on court when the match is due to start, must be treated as a latecomer (see EN rule 9). If this means that a team does **not** have 5 players on court, they lose the points.
25. The scoring system for the League will be: -

WIN 4 POINTS
DRAW 2 POINTS
1 POINT FOR THE LOSING TEAM IF THEY SCORE 50% OR MORE OF THEIR OPPONENTS' TOTAL NUMBER OF MATCH GOALS
1 POINT WILL ALSO BE AWARDED TO THE TEAM SCORING THE MOST GOALS IN A QUARTER, IE. WINNING THE QUARTER
1/2 POINT FOR EACH TEAM IF THEY BOTH SCORE THE SAME NUMBER OF GOALS IN A QUARTER

26. Each team will be required to be on duty at Soar Valley at least two half evenings during the League, which will be on a match night. The **DUTY TEAM** is responsible for checking that all team envelopes have been completed

accurately. The **DUTY TEAM** must ensure that the team envelopes and umpiring cards are posted to the League Secretary **WITHIN 24 HOURS**.

27. The **Duty Team** is **responsible** for ensuring that at the end of the evening's play, teams correctly store the posts away in the designated areas and that any items removed from the store areas (1st aid supplies, bibs etc. Are returned and/or recorded in the duty team handover book). The handover book is kept in the LNL storage cupboard within the netball centre.

**FAILURE TO FULFILL ANY OF THE REQUIRED DUTY TEAM
RESPONSIBILITIES WILL RESULT IN THE CLUB BEING FINED £10.**

28. Teams are responsible for providing a completed team envelope and match score card, which must be handed in to the **DUTY TEAM** each evening by the team representative. The score card **MUST** be signed by the umpires.
29. Each team will be asked to pay a court fee of **£14 per team** for each match for the senior divisions and **£8.00** for the youth division or youth teams (75% of player are 18 or under) in the senior league. For reasons of security, teams **MUST** pay their court fees by **CHEQUE OR BANK TRANSFER**. Cheques should be made out to **LEICESTER NETBALL LEAGUE**; for details of our bank account please contact the Treasurer direct.
30. The Invoicing Secretary will invoice all clubs, twice during the season. Invoice 1 will show all matches, played, postponed and cancelled up to the turnaround in fixtures, and Invoice 2 will show the same to the end of the Winter League. Payment should be returned to the Invoicing Secretary within 28 days. Failure to make payment within this period may result in the club being removed from the League.
31. A team finding that they are unable to honour any fixture **MUST** inform the League Secretary, using the correct form. Both umpire's club secretaries and also their opponents must be notified immediately. The opposing team will be awarded the points for the match; they will also have 20 goals added to their goals scored. The offending team will have 20 goals added to their goals against. Teams cancelling matches with less than 2 days notification are liable to pay **ALL** the court costs for that match. Failure to complete the appropriate form will result in a 4 point deduction for the team in question.
32. Should a team wish to **POSTPONE** a game, it must obtain the consent of the League Secretary. If approved they must also notify the secretary of the clubs responsible for umpiring their game. Within a fortnight of the postponement, the postponing team must have notified both the opposing team and the League Secretary, on the appropriate form, of a **NEW** mutually acceptable time, date and venue, and have secured 2 umpires to cover the game. This date, time and court will be played on the next available League scheduled re-fixtures night. Failure to do so will mean the game is cancelled and the rules for cancelling games as outlined in rule 31 will apply. Teams giving **less** than 2 days' notice for a postponement will be invoiced for **all** the court costs. Courts cannot be cancelled retrospectively. Failure to complete the appropriate form, give the correct notice period will result in a 4 point deduction being awarded to that team.
33. Any other cancellation of matches, for whatever reason will be decided only by the League Committee. Any queries regarding possible cancellation due to adverse weather conditions should be addressed to **the League Secretary (Julie Hunt)** - after 5 pm.
34. In the case of adverse weather conditions which would prove hazardous to your travelling from your area of the County, i.e. fog, black ice, floods etc., Captains

are to contact the League Secretary **as soon as possible, as well as the opposition and umpires.**

35. In the case of adverse weather at the courts, the league committee are to decide before the start of play, if the matches are to be cancelled and inform the League Secretary. In the event that the game has commenced and has to be subsequently abandoned due to weather conditions deteriorating (or injury) the following will apply:
- i) If 50% or more of the game has been played, the score will stand as the final result and all court fees need paying in full.
 - ii) If less than 50% of the game has been played, the game will be null and void and be re-scheduled by the League Secretary, unless both teams agree on the night for the score to stand. Court fees will stand for part played games unless the game has been abandoned, in which case the fees will be waived. The League Secretary must be informed of any abandonment.
36. All cancelled games are to be played at the end of the League, dates and times to be notified. Due to the length of the league these matches may be on a **THURSDAY** evening.
37. **Should a club or team withdraw or disband or finish the season with outstanding League fees, they will NOT be allowed to enter the next season UNLESS fees are cleared by the closing date of the next Winter League application, or a prior arrangement has been made with the LNL Committee. This request must be sent in writing to the committee outlining a fixed number of weeks and determined amount to be paid to clear the debt.**
38. Any team cancelling 4 matches will automatically be withdrawn from the League. The Committee upon receipt of written application from the team will consider extenuating circumstances.
39. The Fixtures Secretary will nominate the teams to umpire for all League matches. An umpiring schedule will be drawn up at the start of the season and must be adhered to. Some umpiring commitments will be covered by the league committee and these will be notified in advance of the fixture occurring. For premiership matches each team must provide a scorer at the same time of their match playing.
40. If an umpire is unable to umpire a particular match, they must arrange for another umpire to undertake their commitment.
41. If an umpire does not turn up to umpire and has not arranged a substitute umpire, the team that the defaulting umpire is affiliated to will have **8 points** deducted from their overall points total. **A fine will also be levied to the club of £25.00.** £15.00 of this money will be forwarded by the league to the umpire who has fulfilled the commitment; the balance will be retained by the league in the form of a fine.
42. In extreme circumstances, and at the discretion of the Committee, the loss of points may be waived, but the defaulting umpire must inform the League Secretary of the details within 24 hours.
- i) In the event that only one umpire is present, the following applies: -
 - The match can be abandoned and re-played at a later date.
 - The team captains and umpire can agree to continue the game with 1 umpire.
- The **team envelope must be annotated** with the details and the League Secretary must be informed by both of the team captains.

43. If the nominated umpire arrives late and another umpire takes her place, she may take over the match after a goal has been scored or during a stoppage, i.e. injury time.
44. If an umpire is either taken ill or injured during the match, the match can be abandoned and replayed at a later date, if rule 41.i) does not come into effect. The team captains must inform the League Secretary of any abandonment.
45. LNL does not provide injury time due to central timing of matches. In the event of an injury umpires may stop play to allow an injured player to be removed from court or to check their well-being – this should be no longer than 2 minutes and any subsequent injuries are dealt with as per EN rules.
46. In the event of a serious accident occurring on court, the injured player(s) **must not be moved until the ambulance arrives and the injured player attended by QUALIFIED FIRST AIDERS.** As this will probably involve a considerable amount of time, the game will probably have to be abandoned, whereupon the League Secretary is to be informed and rule 35 will come into play. **The accident book, which is on the back of the LNL First Aid bag must be annotated.**
47. Committee Meetings - A representative from each club may be asked to attend two specific committee meetings throughout the season. Failure to attend these meetings will result in a **£20.00 fine** to the club.
48. The following EN ruling in relation to pregnancy will be enforced by the league:
"It has been agreed that pregnant players should not take part in matches played after the **12th week** of pregnancy nor umpires beyond the **20th week** of pregnancy." Pregnant umpires must take into consideration their general fitness and ability to conduct officiating to the level of the match they are overseeing.
49. **All teams must ensure that at the start of the evening they arrive in good time to erect the netball posts. Where the post is not secure (spins around) a GS/GA player in possession of the ball in the shooting circle can ask immediately for the post to be turned to the correct position. Once the post is correctly positioned the umpire will blow their whistle to restart play.**

WHAT IS CAPS AND HOW CAN IT HELP MY CLUB?

C.A.P.S is:

England Netball Club Action Planning Scheme

NOT "just another project". Designed to help your club make the most of its time, with the least long-term hassle. All about good practice in the development of players, coaches and umpires at all levels. Directly linked to Sport England's Clubmark scheme. Applicable and relevant to every type of Netball clubs. A way of maximising safe and child-friendly activities.

Constructed to enhance and spotlight existing development work within your club.

NOT just about paperwork.

Positive encouragement to new volunteers. Designed to fit in with your club's current activity. Flexible about different needs, goals and values.

C.A.P.S. targets:

Duty of Care and Child Protection

Player/Programme Development

Access to Competitions

Club Activities

Facilities and Equipment

Coaching and Competition

Coach/Umpire development

Club Management

Administration/Structure

Sports Equity and Ethics

C.A.P.S. gives:

A clear development pathway for members – current and potential. Increased confidence in a club's life span.

Publicity. High profile exposure through Sport England, England Netball and other agencies. Increased efficiency to activity.

More links with your local community. High standards.

More members – coaches, umpires and players.

A successful method of spreading your club's workload.

Increased possibility of securing funding or upgraded facilities.

Opportunities to expand your club's volunteer base.

A strong local and national support network.

C.A.P.S. requires:

A commitment to development and good, safe practice.

DO YOU PRACTISE REGULARLY? HAVE YOU GOT A QUALIFIED COACH/UMPIRE WITHIN YOUR CLUB OR ACCESS TO ONE? HAVE YOU GOT A CLUB CONSTITUTION? DO YOU KNOW YOU ARE ALREADY HALF WAY TO A BRONZE CAPS AWARD?

MORE AND MORE TEAMS ARE APPLYING FOR CAPS AWARDS; DOES YOUR CLUB WANT TO BE LEFT BEHIND?

CONTACT VAL KINDRED FOR FURTHER DETAILS:

Email: V.Kindred@lboro.ac.uk
226754

Tel: 01509

RISK ASSESSMENT REPORT

There is a risk assessment for all umpires to complete before the game takes place, this is on the back of the team envelopes. Below is a copy of the assessment and an example of how to fill it in.

UMPIRE CHECKLIST		
COURT POTENTIAL HAZARDS	CHECK COMPLETED / RISK IDENTIFIED	COMMENTS
Court surface/lines	High <input type="checkbox"/> Medium <input type="checkbox"/> Low <input checked="" type="checkbox"/>	
Physical features intruding in to, or adjacent to, the playing area	High <input checked="" type="checkbox"/> Medium <input type="checkbox"/> Low <input type="checkbox"/>	<i>Tennis post cover not fixed securely. Team advised</i>
Sunken posts (posts without bases)	High <input type="checkbox"/> Medium <input type="checkbox"/> Low <input checked="" type="checkbox"/>	
Encroachment – by players, substitutes, spectators or bags	High <input type="checkbox"/> Medium <input type="checkbox"/> Low <input type="checkbox"/>	<i>Team's supporters advised to move to the far side of the post away from the umpires pathway</i>
Loose balls (from adjacent courts)	High <input type="checkbox"/> Medium <input checked="" type="checkbox"/> Low <input type="checkbox"/>	<i>Teams advised</i>
Player checks – finger nails, jewellery, footwear	High <input type="checkbox"/> Medium <input type="checkbox"/> Low <input checked="" type="checkbox"/>	<i>Team check completed satisfactorily One player advised to tie shoe laces</i>
Definitions		
<p>Hazard means something that can cause harm. Risk is the chance, high, medium or low, that somebody will be harmed by the hazard - not the frequency that the hazard may occur.</p> <p>NOTES Although a hazard or a risk may be identified this does not mean that the game cannot go ahead it means that before the game goes ahead any potential issues have been pointed out by the umpire to the teams involved.</p>		
UMPIRE NAME	Joanna Bloggs – Bloggs Netball Club	
UMPIRE SIGNATURE	<i>Joanna Bloggs</i>	

Umpires will need to allow a few minutes extra time before the game commences to complete this form. Please ensure that as an umpire this is fully completed and signed by yourself. There will be no comeback to you as an individual if any accident occurs during the match. Please feel free to write any comments that you may feel appropriate. Most of the risks should be low, but 'loose balls' will always be an issue on a multi court facility, the LNL consider this to be a medium risk if you are on a central court and a low risk if you are on an end court.

WINTER LEAGUE TEAMS 2015/2016

PREMIERSHIP

Charnwood Sapphires 1
Charnwood Sapphires 2
Grasshoppers 1
Grasshoppers 2
Knighton 1
Knighthon 2
Knighton 3
Rutland Rockets 1

DIVISION 1

Fusion
Hawks 2
Ictas
Knighton 5
Melton Marvels 1
Rutland Rockets 2
Rutland Rockets 3
Rutland Rockets 4

DIVISION 3

ACE Ladies
Melton Silver
Rutland Rockets 5
Rutland Rockets 6
Soar Valley Allsorts
University of Leicester 1

CHAMPIONSHIP

Blaby Netball 1
Charnwood Sapphires 3
Grasshopper 3
Grasshoppers 4
Hawks 1
Knighton 4
Melton Gold
Team Vend

DIVISION 2

Blaby Netball 2
Charnwood Sapphires 4
Grasshoppers 5
Grasshoppers 6
Kingsway Kangaroos
Melton marvels 2
Panthers

Club Contact Information

Please see your club secretary for information on this page or use the contact us 'general enquiries' section on the website

LNL Game Timings for Winter League 2015/16

Game 1	Quarter Start	Quarter End	Break
Quarter 1	7.00	7.15	3 minutes
Quarter 2	7.18	7.33	3 minutes
Quarter 3	7.36	7.51	3 minutes
Quarter 4	7.54	8.09	End
Intermission between matches			
Game 2	Quarter Start	Quarter End	Break
Quarter 1	8.20	8.35	3 minutes
Quarter 2	8.38	8.53	3 minutes
Quarter 3	8.56	9.11	3 minutes
Quarter 4	9.14	9.29	End

SOAR VALLEY COLLEGE CLOSSES AT 9.45PM PROMPTLY!

Duty Team Responsibilities

1. Must control all matches by Central Timing. It is therefore advisable to bring an extra person to carry out this task. Please use the large clocks inside the netball centre to time.
2. The duty team **MUST** sound a fog horn or similar device for the start, end of quarter time, half time and end of match.
3. Matches are timed from the moment the horn is sounded and **NOT** at the time the Umpires blow their whistles for start of play. Some matches may be late in starting, as per League Rules, and therefore play a shortened first quarter.
4. At the end of 1st set of matches the early duty team **MUST** collect a **Team envelope** and an **Umpiring Score Card** from each team and then pass them onto the late duty team. The late duty team must also do this at the end of the evenings play. A table is provided inside the netball centre for teams to bring their team envelopes to the duty team – please keep it manned.
5. The late duty team must send both sets of team envelopes and both sets of Umpiring Score Cards to **Jayne Tate, 25 Wistow Road, Wigston, Leicester, LE18 3SQ**. Jayne is often at the courts at the end of the evening, in this case please hand them to her rather than posting.
6. If either of the duty team's matches are cancelled or deferred on their duty team night, either by themselves or their opponents, they **MUST STILL** fulfil their commitment as duty team. **FAILURE TO DO SO WILL RESULT IN A FINE OF £10**
7. The late duty team is responsible for ensuring that at the end of the evening's play, teams correctly store the posts in the designated storage areas. Failure to ensure that the posts are **correctly and safely** stored will result in **A FINE OF £10**.
8. The early duty team must check that at the start of the evening that the toilets/changing facilities are open and that there are sufficient toilet rolls, soap etc., in the ladies toilet. If this has not been done, please send a member of your team to fetch these items from the caretaker's office. These should be unlocked and ready to use at 6.45pm.
9. Both duty teams are responsible for handing out 1st aid supplies and other items located within the duty cupboard – when handing out items please write down in the book provided who has been given what items and if a 1st aid incident occurs ensure that the accident book is completed.

IT IS ADVISEABLE TO HAVE AT LEAST THREE PEOPLE TO DO THE DUTY, ONE FOR TIMEKEEPING, ONE TO COLLECT ENVELOPES AND THE LAST TO ENSURE THAT THE TEAMS PUT THE POST'S AND BASES CORRECTLY AND SAFLEY IN THE CONTAINER.

Players' Responsibilities

1. As a player you have a responsibility to yourself, to your club and to other players to conduct yourself in accordance with the official Netball Rules and those of the League in which you play.
2. Have you got a rule book; do you really know the rules?
3. Why not invest in one, you are bound to discover things you never knew about the game and make yourself a better and safer player into the bargain. Better still, take up umpiring and see things from the other side of the whistle.
4. The Umpires are not always right, they are only human. They do see things differently from the players though and players are not always right either!
5. The difference between you and the Umpires is that they control the game, which requires everyone to comply with the rules or be penalised for breaking them.
6. You know that Umpires will vary in standard in the same way that players do, but at least they have qualified to do the job. No-one has to qualify, by demonstrating their knowledge of the rules, to be a player.
7. So, play hard, play fair and let the Umpire do the rest.
8. If you have an issue which you wish to bring to the Umpires' attention, then do so through your Captain. They may approach the Umpires at an interval. You, as a player, should not make such an approach.
9. If *you* have an issue which is leading to friction between you and another player, or Umpire, then *deal with it*. Either change your game tactic or approach, ask your Captain if you can change position or take time out if you have subs. Cool off one way or another.
10. If you don't take control of yourself, then your Captain or the Umpires will have to take action which could be embarrassing for you and your team and will spoil your match.
11. It is also your responsibility to have the correct kit, short, smooth nails, no jewellery and ensure your bags are out of the way. NO TAPING of ears is allowed in the LNL.
12. It is expected that at the end of a game you shake your opponent's hand, regardless of what has transpired through the game. It is also usual for each team to collect together to cheer the opponents and even the umpires.

Captains' Responsibilities

1. You may have a host of jobs including bringing spare kit, first aid, hot drinks, bibs, ball and everything else But none of those are in the rule book. So if you are wise, share those jobs around all of the players. You have enough on your hands with team discipline, control and communication.
2. Leicester Netball League however, also expects the Captain of the team to take a leading role in controlling the behaviour of all team players, substitutes and spectators, be they parents, husbands, children or other pets you want to bring along to watch!!!
3. It's your responsibility to make sure that you have tossed a coin with the opposing captain for first centre pass in plenty of time before the match is due to begin and that you have informed both umpires of the outcome.
4. As the Umpire has a duty to observe players' behaviour and play, as Captain you should be aware of players personalities, their attitudes and moods, as these may affect their play and that of other team members.
5. As outlined in the Umpire's section; they will refer any matters they wish to convey to a player through you.
6. So if you anticipate any friction areas then take action before things get out of control. You may move players' positions, sub them off for a short while or give them advice during the game about their play or behaviour.
7. You are more than just a member of the team, you must adopt an impartial, ambassadorial role and you are the club representative with a role to play on court.
8. You may actually be a player who feels aggrieved about a situation; well you still have the role of communicating this to the Umpires and their response to your team mates.
9. You may legitimately approach the Umpires at an interval to address any matters of concern or about rule interpretation. Do so before something which needs some attention ends up needing an apology!
10. Do not support or encourage players to argue with the Umpires or the opposition, but take the matter up at the interval with the other Captain, through the Umpires.
11. If there are matters which your club wishes to refer to the League Committee, then they may write to the Committee. You will be a key person who may be called upon to give an account of events in your role as Captain.
12. Ask spectators/supporters to stand so as not to cause obstruction the players or Umpires – to the right of the goal on the goal line.
13. Personal comments about players/umpires should be discouraged by the Captain as this may lead to unnecessary tension. An Umpire may penalise a team for the inappropriate behaviour of team officials, players and/or spectators.

Umpires' Responsibilities

1. The Umpire should never be without their up to date rule book, which should be used frequently to refresh or remind one of the rules of the game. You umpires have the responsibility of controlling the game which is best done through knowledge of the rules and a consistent application of them. Don't be afraid to refer to the book, before the match or during intervals to check your interpretation of the rules.
2. Complete the Risk Assessment Report on the back of the envelope before the match begins and don't forget to sign the umpire card at the end of a match and hand to the captain of one of the teams.
3. As part of your duties, introduce yourself to the team and to each Captain. You may have to refer to them during the match, so find out who the Captain is; is she playing, a substitute or non-playing member of the squad?
4. Each game will be unique in the events and tensions that occur between players, or even between players and spectators or umpires!
5. Watch for these tensions developing, whilst the game is in the other Umpire's half. They will be in your half next quarter so prepare for your response to what you have seen.
6. You may be fully occupied whilst the game is in your half, but you will soon spot the player, who is inclined to make a late challenge for the ball, or regularly obstructs their opposition or is keen on blocking tactics etc. If you have to penalise them for repeated offences, it may be that they don't know or understand the rule. It may be a cause for friction developing between them and their opponents, so again, sharpen your awareness to these things.
7. Depending on the level of the game, it may be appropriate to explain the rule to the player, after an infringement. This may help her to avoid committing the same offence repeatedly and avoid the build up of tension with her opponent.
8. If foul or rough play, not ignorance of the rules is the cause, it still may be appropriate to explain your reasoning to the player, when you penalise her for the offence.
9. At the interval, discuss these issues with the other Umpire. Explain what you have seen or said, so the other Umpire is aware of the issues at hand.
10. Agree a course of action with the other Umpire. It is always better to deal with the matter through the game. If you feel that the situation is beyond you and your fellow umpire's experience, then seek assistance from a committee member or another umpire.
11. Rule 20 on page 40 of the Rules book relates to the Official Netball Rules regarding discipline matters.
 - I. An Umpire may warn a player / team official
 - II. Suspend a player
 - III. Order a player to leave the court
 - IV. Stop the game in extreme circumstances

It is just a game after all (no-one wants to get stressed out or injured), but it is a good one, which we all want to enjoy and by everybody taking their responsibilities seriously we all can.

Code of Conduct for Parents, Guardians and Supporters

1. Ensure your club has all your child's personal details, including any needed medical history at all times.
2. Ensure that you are contactable when your child is at their club.
3. Take care of injuries and always get appropriate medical advice.
4. Listen to your child's thoughts and advise accordingly.
5. Encourage and support your child to learn the rules and play within them.
6. Discourage unfair play and arguing with officials.
7. Do not question the umpire's decisions or honesty. Remember he/she is only human with the same feelings as you, and like you, can sometimes make an honest mistake.
8. Help your child to recognise good performances, not just results.
9. Teach your child that honest effort is more important than victory so that the result of each is accepted with undue disappointment.
10. Turn losing into winning by helping your child towards skill improvement and good sportsmanship.
11. Never force your child to take part in sport.
12. Remember children are involved in netball for their enjoyment not yours.
13. Set a good example by recognising fair play and applauding the good performance of all.
14. Show respect for other spectators / players / officials at all times.
15. Never punish or belittle a child for losing or making mistakes.
16. Support your child's involvement and help them to enjoy their sport.
17. Use correct and proper language at all times.
18. Remember that children learn best by example. Applaud good play by your team and by members of the opposition.
19. Recognise the importance and value of coaches who are all volunteers. They give their time and resources to provide netball for your child.
20. Read the rules of netball to understand better what you are watching and commenting on.
21. Promote this code of conduct to other parents, guardians and supporters.

The committee will take action against clubs whose parents, guardians or supporters bring the club into disrepute.

Week 1 - Tuesday 22nd September 2015						
Court	Time : 7.00pm			Umpires		Duty Team
1	Grading tournament for Divisions 2 and 3					Grasshoppers 1
2						
3	Knighton 1	v	Knighton 2	Grasshoppers 1	Rutland Rockets 1	
4	Charnwood Sapp.1	v	Grasshoppers 2	Charnwood Sapp. 2	Knighton 3	
5	Hawks 1	v	Charnwood Sapp.3	Team Vend	Grasshoppers 4	
6	Grasshoppers 3	v	Blaby Netball 1	Melton Gold	Knighton 4	
7	Hawks 2	v	Rutland Rockets 4	Fusion	Rutland Rockets 3	
Court	8.20pm			Umpires		Duty Team
1	Grading tournament for Divisions 2 and 3					Knighton 1
2						
3	Grasshoppers 1	v	Rutland Rockets 1	Knighton 1	Knighton 2	
4	Charnwood Sapp. 2	v	Knighton 3	Charnwood Sapp. 1	Grasshoppers 2	
5	Team Vend	v	Grasshoppers 4	Hawks 1	Charnwood Sapp. 3	
6	Melton Gold	v	Knighton 4	Grasshoppers 3	Blaby Netball 1	
7	Fusion	v	Rutland Rockets 3	Hawks 2	Rutland Rockets 4	

Week 2 - Tuesday 29th September 2015						
Court	Time : 7.00pm			Umpires		Duty Team
1	Team Vend	v	Blaby Netball 1	Hawks 1	Knighton 4	Hawks 1
2	Charnwood Sapp. 3	v	Grasshoppers 4	Grasshoppers 3	Melton Gold	
3	Fusion	v	Knighton 5	Hawks 2	Melton Marvels 1	
4	Rutland Rockets 3	v	Rutland Rockets 4	Ictas	Rutland Rockets 2	
5	Grasshoppers 5	v	Grasshoppers 6	Charnwood Sapp. 4	Blaby Netball 2	
6	Soar Valley Allsorts	v	ACE Ladies	Rutland Rockets 5	University of Leics.	
7	Knighton 1	v	Knighton 3	Knighton 2	Rutland Rockets 1	
Court	8.20pm			Umpires		Duty Team
1	Hawks 1	v	Knighton 4	Team Vend	Blaby Netball 1	Team VEND
2	Grasshoppers 3	v	Melton Gold	Charnwood Sapp. 3	Grasshoppers 4	
3	Hawks 2	v	Melton Marvels 1	Fusion	Knighton 5	
4	Ictas	v	Rutland Rockets 2	Rutland Rockets 3	Rutland Rockets 4	
5	Charnwood Sapp. 4	v	Blaby Netball 2	Grasshoppers 5	Grasshoppers 6	
6	Rutland Rockets 5	v	University of Leics.	Soar Valley Allsorts	ACE Ladies	
7	Knighton 2	v	Rutland Rockets 1	Knighton 1	Knighton 3	

Week 3 - Tuesday 6th October 2015						
Court	Time : 7.00pm			Umpires		Duty Team
1	Fusion	v	Rutland Rockets 2	Rutland Rockets 3	Melton Marvels 1	Rutland Rockets 4
2	Ictas	v	Hawks 2	Knighton 5	Rutland Rockets 4	
3	Charnwood Sapp. 4	v	Kingsway Kangaroos	Panthers	Grasshoppers 6	
4	Melton Silver	v	University of Leics.	Grasshoppers 5	Melton Marvels 2	
5	Knighton 1	v	Charnwood Sapp. 2	Knighton 2	Grasshoppers 2	
6	Charnwood Sapp. 1	v	Grasshoppers 1	Knighton 3	Rutland Rockets 1	
Court	8.20pm			Umpires		Duty Team
1	Rutland Rockets 3	v	Melton Marvels 1	Fusion	Rutland Rockets 2	Ictas
2	Knighton 5	v	Rutland Rockets 4	Ictas	Hawks 2	
3	Panthers	v	Grasshoppers 6	Charnwood Sapp. 4	Kingsway Kangaroos	
4	Grasshoppers 5	v	Melton Marvels 2	Melton Silver	University of Leics.	
5	Knighton 2	v	Grasshoppers 2	Knighton 1	Charnwood Sapp. 2	
6	Knighton 3	v	Rutland Rockets 1	Charnwood Sapp. 1	Grasshoppers 1	

Week 4 - Tuesday 13th October 2015						
Court	Time : 7.00pm			Umpires		Duty Team
1	Soar Valley Allsorts	v	Melton Silver	Grasshoppers 5	Panthers	Panthers
2	Charnwood Sapp. 4	v	Melton Marvels 2	University of Leics.	Rutland Rockets 6	
3	Blaby Netball 2	v	Grasshoppers 6	Rutland Rockets 5	ACE Ladies	
4	Knighton 1	v	Grasshoppers 2	Charnwood Sapp. 1	Rutland Rockets 1	
5	Charnwood Sapp. 2	v	Knighton 2	Grasshoppers 1	Knighton 3	
6	Hawks 1	v	Blaby Netball 1	Grasshoppers 3	Grasshoppers 4	
7	Melton Gold	v	Charnwood Sapp. 3	Team Vend	Knighton 4	
Court	8.20pm			Umpires		Duty Team
1	Grasshoppers 5	v	Panthers	Soar Valley Allsorts	Melton Silver	Soar Valley Allsorts
2	University of Leics.	v	Rutland Rockets 6	Charnwood Sapp. 4	Melton Marvels 2	
3	Rutland Rockets 5	v	ACE Ladies	Blaby Netball	Grasshoppers 6	
4	Charnwood Sapp. 1	v	Rutland Rockets 1	Knighton 1	Grasshoppers 2	
5	Grasshoppers 1	v	Knighton 3	Charnwood Sapp. 2	Knighton 2	
6	Grasshoppers 3	v	Grasshoppers 4	Hawks 1	Blaby Netball 1	
7	Team Vend	v	Knighton 4	Melton Gold	Charnwood Sapp. 3	

Week 5 - Tuesday 27th October 2015						
Court	Time : 7.00pm			Umpires		Duty Team
1	Team Vend	v	Charnwood Sapp. 3	Hawks 1	Grasshoppers 4	Melton Gold
2	Grasshoppers 3	v	Knighton 4	Melton Gold	Blaby Netball 1	
3	Fusion	v	Rutland Rockets 4	Hawks 2	Rutland Rockets 3	
4	Ictas	v	Knighton 5	Rutland Rockets 2	Melton Marvels 1	
5	Rutland Rockets 5	v	Soar Valley Allsorts	Panthers	Kingsway Kangaroos	
6	Melton Silver	v	Rutland Rockets 6	Charnwood Sapp. 4	Grasshoppers 6	
7	ACE Ladies	v	University of Leics.	Melton Marvels 2	Blaby Netball 2	
Court	8.20pm			Umpires		Duty Team
1	Hawks 1	v	Grasshoppers 4	Team Vend	Charnwood Sapp. 3	Charnwood Sapphires 3
2	Melton Gold	v	Blaby Netball 1	Grasshoppers 3	Knighton 4	
3	Hawks 2	v	Rutland Rockets 3	Fusion	Rutland Rockets 4	
4	Rutland Rockets 2	v	Melton Marvels 1	Ictas	Knighton 5	
5	Panthers	v	Kingsway Kangaroos	Rutland Rockets 5	Soar Valley Allsorts	
6	Charnwood Sapp. 4	v	Grasshoppers 6	Melton Silver	Rutland rockets 6	
7	Melton Marvels 2	v	Blaby Netball 2	ACE Ladies	University of Leics.	

Week 6 - Tuesday 3rd November 2015						
Court	Time : 7.00pm			Umpires		Duty Team
1	Charnwood Sapp. 2	v	Rutland Rockets 1	Knighton 1	Grasshoppers 1	Knighton 4
2	Charnwood Sapp. 3	v	Blaby Netball 1	Knighton 4	Grasshoppers 4	
3	Soar Valley Allsorts	v	University of Leics.	ACE Ladies	Rutland Rockets 6	
4	Melton Silver	v	Rutland Rockets 5	Panthers	Blaby Netball 2	
5	Grasshoppers 5	v	Kingsway Kangaroos	Melton Marvels 2	Grasshoppers 6	
6	Rutland Rockets 2	v	Rutland Rockets 4	Fusion	Hawks 2	
7	Knighton 5	v	Melton Marvels 1	Ictas	Rutland Rockets 3	
Court	8.20pm			Umpires		Duty Team
1	Knighton 1	v	Grasshoppers 1	Charnwood Sapp. 2	Rutland Rockets 1	Rutland Rockets 1
2	Knighton 4	v	Grasshoppers 4	Charnwood Sapp. 3	Blaby Netball 1	
3	ACE Ladies	v	Rutland Rockets 6	Soar Valley Allsorts	University of Leics.	
4	Panthers	v	Blaby Netball 2	Melton Silver	Rutland Rockets 5	
5	Melton Marvels 2	v	Grasshoppers 6	Grasshoppers 5	Kingsway Kangaroos	
6	Fusion	v	Hawks 2	Rutland Rockets 2	Rutland Rockets 4	
7	Ictas	v	Rutland Rockets 3	Knighton 5	Melton Marvels 1	

Week 7 - Tuesday 10th November 2015						
Court	Time : 7.00pm			Umpires		Duty Team
1	Knighton 2	v	Knighton 3	Knighton 1	Charnwood Sapp. 1	Charnwood Sapphires 2
2	Grasshoppers 2	v	Rutland Rockets 1	Grasshoppers 1	Charnwood Sapp. 2	
3	Charnwood Sapp. 3	v	Knighton 4	Hawks 1	Grasshoppers 3	
4	Blaby Netball 1	v	Grasshoppers 4	Team Vend	Melton Gold	
5	ACE Ladies	v	Melton Silver	Charnwood Sapp. 4	Panthers	
6	Kingsway Kangaroos	v	Grasshoppers 6	Grasshoppers 5	Blaby Netball 2	
Court	8.20pm			Umpires		Duty Team
1	Knighton 1	v	Charnwood Sapp. 1	Knighton 2	Knighton 3	Grasshoppers 2
2	Grasshoppers 1	v	Charnwood Sapp. 2	Grasshoppers 2	Rutland Rockets 1	
3	Hawks 1	v	Grasshoppers 3	Charnwood Sapp. 3	Knighton 4	
4	Team Vend	v	Melton Gold	Blaby Netball 1	Grasshoppers 4	
5	Charnwood Sapp. 4	v	Panthers	ACE Ladies	Melton Silver	
6	Grasshoppers 5	v	Blaby Netball 2	Kingsway Kangaroos	Grasshoppers 6	

Week 8 - Tuesday 17th November 2015						
Court	Time : 7.00pm			Umpires		Duty Team
1	Hawks 2	v	Rutland Rockets 2	Melton Marvels 1	Rutland Rockets 4	Fusion
2	Rutland Rockets 3	v	Knighton 5	Fusion	Ictas	
3	Blaby Netball 2	v	Kingsway Kangaroos	Charnwood Sapp. 4	Grasshoppers 5	
4	Rutland Rockets 5	v	University of Leics.	Panthers	Melton Marvels 2	
5	Soar Valley Allsorts	v	ACE Ladies	Melton Silver	Rutland Rockets 6	
6	Grasshoppers 1	v	Grasshoppers 2	Charnwood Sapp. 1	Charnwood Sapp. 2	
7	Hawks 1	v	Melton Gold	Grasshoppers 3	Team Vend	
Court	8.20pm			Umpires		Duty Team
1	Melton Marvels 1	v	Rutland Rockets 4	Hawks 2	Rutland Rockets 2	Hawks 2
2	Fusion	v	Ictas	Rutland Rockets 3	Knighton 5	
3	Charnwood Sapp. 4	v	Grasshoppers 5	Blaby Netball 2	Kingsway Kangaroos	
4	Panthers	v	Melton Marvels 2	Rutland Rockets 5	University of Leics.	
5	Melton Silver	v	Rutland Rockets 6	Soar Valley Allsorts	ACE Ladies	
6	Charnwood Sapp. 1	v	Charnwood Sapp. 2	Grasshoppers 1	Grasshoppers 2	
7	Grasshoppers 3	v	Team Vend	Hawks 1	Melton Gold	

Week 9 - Tuesday 24th November 2015						
Court	Time : 7.00pm			Umpires		Duty Team
1	Grasshoppers 1	v	Knighton 2	Knighton 1	Rutland Rockets 1	Charnwood Sapphires 1
2	Charnwood Sapp. 2	v	Grasshoppers 2	Charnwood Sapp. 1	Knighton 3	
3	Hawks 1	v	Team Vend	Melton Gold	Grasshoppers 4	
4	Knighton 4	v	Blaby Netball 1	Grasshoppers 3	Charnwood Sapp. 3	
5	Soar Valley Allsorts	v	Rutland Rockets 6	Melton Marvels 2	Kingsway Kangaroos	
6	Hawks 2	v	Knighton 5	Ictas	Rutland Rockets 4	
7	Rutland Rockets 2	v	Rutland Rockets 3	Fusion	Melton Marvels 1	
Court	Time : 8.20pm			Umpires		Duty Team
1	Knighton 1	v	Rutland Rockets 1	Grasshoppers 1	Knighton 2	Knighton 2
2	Charnwood Sapp. 1	v	Knighton 3	Charnwood Sapp. 2	Grasshoppers 2	
3	Melton Gold	v	Grasshoppers 4	Hawks 1	Team Vend	
4	Grasshoppers 3	v	Charnwood Sapp. 3	Knighton 4	Blaby Netball 1	
5	Melton Marvels 2	v	Kingsway Kangaroos	Soar Valley Allsorts	Rutland Rockets 6	
6	Ictas	v	Rutland Rockets 4	Hawks 2	Knighton 5	
7	Fusion	v	Melton Marvels 1	Rutland Rockets 2	Rutland Rockets 3	

Week 10 - Tuesday 1st December 2015

Round 1 of Cup and Plate Competitions – Fixtures/Duty Team to follow

Week 11 - Tuesday 8th December 2015

Court	Time : 7.00pm			Umpires		Duty Team
1	Knighton 3	v	Grasshoppers 2	Charnwood Sapp. 1	Knighton 2	Knighton 5
2	Ictas	v	Melton Marvels 1	Rutland Rockets 2	Knighton 5	
Court	Time : 8.20pm			Umpires		Duty Team
1	Charnwood Sapp. 1	v	Knighton 2	Knighton 3	Grasshoppers 2	Melton Marvels 1
2	Rutland Rockets 2	v	Knighton 5	Ictas	Melton Marvels 1	

Week 12 - Tuesday 15th December 2015

Reserve Week

Week 13 - Tuesday 12th January 2016

Court	Time : 7.00pm			Umpires		Duty Team
1	Knighton 2	v	Knighton 1	Rutland Rockets 1	Grasshoppers 1	Knighton 3
2	Grasshoppers 2	v	Charnwood Sapp. 1	Knighton 3	Charnwood Sapp. 2	
3	Charnwood Sapp. 3	v	Hawks 1	Grasshoppers 4	Team Vend	
4	Blaby Netball 1	v	Grasshoppers 3	Knighton 4	Melton Gold	
5	Rutland Rockets 4	v	Hawks 2	Rutland Rockets 3	Fusion	
6	Melton Marvels 1	v	Ictas	Knighton 5	Rutland Rockets 2	
7	Blaby Netball 2	v	Charnwood Sapp. 4	Grasshoppers 5	Grasshoppers 6	
Court	8.20pm			Umpires		Duty Team
1	Rutland Rockets 1	v	Grasshoppers 1	Knighton 2	Knighton 1	Blaby Netball 1
2	Knighton 3	v	Charnwood Sapp. 2	Grasshoppers 2	Charnwood Sapp. 1	
3	Grasshoppers 4	v	Team Vend	Charnwood Sapp. 3	Hawks 1	
4	Knighton 4	v	Melton Gold	Blaby Netball 1	Grasshoppers 3	
5	Rutland Rockets 3	v	Fusion	Rutland Rockets 4	Hawks 2	
6	Knighton 5	v	Rutland Rockets 2	Melton Marvels 1	Ictas	
7	Grasshoppers 5	v	Grasshoppers 6	Blaby Netball 2	Charnwood Sapp. 4	

Week 14 - Tuesday 19th January 2016						
Court	Time : 7.00pm			Umpires		Duty Team
1	Blaby Netball 1	v	Team Vend	Knighton 4	Hawks 1	Grasshoppers 3
2	Grasshoppers 4	v	Charnwood Sapp. 3	Melton Gold	Grasshoppers 3	
3	Knighton 5	v	Fusion	Melton Marvels 1	Hawks 2	
4	Rutland Rockets 4	v	Rutland Rockets 3	Rutland Rockets 2	Ictas	
5	Grasshoppers 6	v	Panthers	Melton Marvels 2	Grasshoppers 5	
6	Kingsway Kangaroos	v	Charnwood Sapp. 4	ACE Ladies	Rutland Rockets 6	
7	Knighton 3	v	Knighton 1	Rutland Rockets 1	Knighton 2	
Court	8.20pm			Umpires		Duty Team
1	Knighton 4	v	Hawks 1	Blaby Netball 1	Team Vend	Grasshoppers 4
2	Melton Gold	v	Grasshoppers 3	Grasshoppers 4	Charnwood Sapp. 3	
3	Melton Marvels 1	v	Hawks 2	Knighton 5	Fusion	
4	Rutland Rockets 2	v	Ictas	Rutland Rockets 4	Rutland Rockets 3	
5	Melton Marvels 2	v	Grasshoppers 5	Grasshoppers 6	Panthers	
6	ACE Ladies	v	Rutland Rockets 6	Kingsway Kangaroos	Charnwood Sapp. 4	
7	Rutland Rockets 1	v	Knighton 2	Knighton 3	Knighton 1	

Week 15 - Tuesday 26th January 2016						
Court	Time : 7.00pm			Umpires		Duty Team
1	Rutland Rockets 2	v	Fusion	Melton Marvels 1	Rutland Rockets 3	Rutland Rockets 3
2	Hawks 2	v	Ictas	Rutland Rockets 4	Knighton 5	
3	Rutland Rockets 6	v	University of Leics.	Melton Marvels 2	Charnwood Sapp. 4	
4	ACE Ladies	v	Rutland Rockets 5	Grasshoppers 5	Panthers	
5	Melton Silver	v	Soar Valley Allsorts	Blaby Netball 2	Grasshoppers 6	
6	Charnwood Sapp. 2	v	Knighton 1	Grasshoppers 2	Knighton 2	
7	Grasshoppers 1	v	Charnwood Sapp. 1	Rutland Rockets 1	Knighton 3	
Court	8.20pm			Umpires		Duty Team
1	Melton Marvels 1	v	Rutland Rockets 3	Rutland Rockets 2	Fusion	Rutland Rockets 2
2	Rutland Rockets 4	v	Knighton 5	Hawks 2	Ictas	
3	Melton Marvels 2	v	Charnwood Sapp. 4	Rutland Rockets 6	University of Leics.	
4	Grasshoppers 5	v	Panthers	ACE Ladies	Rutland Rockets 5	
5	Blaby Netball 2	v	Grasshoppers 6	Melton Silver	Soar Valley Allsorts	
6	Grasshoppers 2	v	Knighton 2	Charnwood Sapp. 2	Knighton 1	
7	Rutland Rockets 1	v	Knighton 3	Grasshoppers 1	Charnwood Sapp. 1	

Week 16 - Tuesday 2nd February 2016						
Court	Time : 7.00pm			Umpires		Duty Team
1	Grasshoppers 6	v	Charnwood Sapp. 4	Panthers	Kingsway Kangaroos	Melton Silver
2	Blaby Netball 2	v	Melton Marvels 2	Rutland Rockets 5	Melton Silver	
3	Soar Valley Allsorts	v	Rutland Rockets 6	University of Leics.	ACE Ladies	
4	Grasshoppers 2	v	Knighton 1	Rutland Rockets 1	Charnwood Sapp. 1	
5	Knighton 2	v	Charnwood Sapp. 2	Knighton 3	Grasshoppers 1	
6	Blaby Netball 1	v	Hawks 1	Grasshoppers 4	Grasshoppers 3	
7	Charnwood Sapp. 3	v	Melton Gold	Knighton 4	Team Vend	
Court	8.20pm			Umpires		Duty Team
1	Panthers	v	Kingsway Kangaroos	Grasshoppers 6	Charnwood Sapp. 4	Melton Marvels 2
2	Rutland Rockets 5	v	Melton Silver	Blaby Netball 2	Melton Marvels 2	
3	University of Leics.	v	ACE Ladies	Soar Valley Allsorts	Rutland Rockets 6	
4	Rutland Rockets 1	v	Charnwood Sapp. 1	Grasshoppers 2	Knighton 1	
5	Knighton 3	v	Grasshoppers 1	Knighton 2	Charnwood Sapp. 2	
6	Grasshoppers 4	v	Grasshoppers 3	Blaby Netball 1	Hawks 1	
7	Knighton 4	v	Team Vend	Charnwood Sapp. 3	Melton Gold	

Week 17 - Tuesday 9th February 2016						
Court	Time : 7.00pm			Umpires		Duty Team
1	Kingsway Kangaroos	v	Grasshoppers 5	Blaby Netball 2	Panthers	Blaby Netball 2
2	Melton Silver	v	University of Leics.	Grasshoppers 6	Melton Marvels 2	
3	Rutland Rockets 4	v	Fusion	Rutland Rockets 3	Hawks 2	
4	Knighton 5	v	Ictas	Melton Marvels 1	Rutland Rockets 2	
5	Charnwood Sapp. 3	v	Team Vend	Grasshoppers 4	Hawks 1	
6	Knighton 4	v	Grasshoppers 3	Blaby Netball 1	Melton Gold	
7	Grasshoppers 2	v	Knighton 3	Knighton 2	Charnwood Sapp. 1	
Court	8.20pm			Umpires		Duty Team
1	Blaby Netball 2	v	Panthers	Kingsway Kangaroos	Grasshoppers 5	University of Leicester
2	Grasshoppers 6	v	Melton Marvels 2	Melton Silver	University of Leics.	
3	Rutland Rockets 3	v	Hawks 2	Rutland Rockets 4	Fusion	
4	Melton Marvels 1	v	Rutland Rockets 2	Knighton 5	Ictas	
5	Grasshoppers 4	v	Hawks 1	Charnwood Sapp. 3	Team Vend	
6	Blaby Netball 1	v	Melton Gold	Knighton 4	Grasshoppers 3	
7	Knighton 2	v	Charnwood Sapp. 1	Grasshoppers 2	Knighton 3	

Week 18 - Tuesday 23rd February 2016						
Round 2 of Cup and Plate Competitions – Fixtures/Duty Team to follow						

Week 19 - Tuesday 1st March 2016						
Court	Time : 7.00pm			Umpires		Duty Team
1	Grasshoppers 6	v	Kingsway Kangaroos	Blaby Netball 2	Grasshoppers 5	ACE Ladies
2	University of Leics.	v	Soar Valley Allsorts	Melton Silver	ACE Ladies	
3	Rutland Rockets 1	v	Charnwood Sapp. 2	Grasshoppers 1	Knighton 1	
4	Blaby Netball 1	v	Charnwood Sapp. 3	Grasshoppers 4	Knighton 4	
5	Rutland Rockets 4	v	Rutland Rockets 2	Hawks 2	Fusion	
6	Melton Marvels 1	v	Knighton 5	Rutland 3	Ictas	
Court	8.20pm			Umpires		Duty Team
1	Blaby Netball 2	v	Grasshoppers 5	Grasshoppers 6	Kingsway Kangaroos	Kingsway Kangaroos
2	Melton Silver	v	ACE Ladies	University of Leics.	Soar Valley Allsorts	
3	Grasshoppers 1	v	Knighton 1	Rutland Rockets 1	Charnwood Sapp. 2	
4	Grasshoppers 4	v	Knighton 4	Blaby Netball 1	Charnwood Sapp. 3	
5	Hawks 2	v	Fusion	Rutland Rockets 4	Rutland Rockets 2	
6	Rutland 3	v	Ictas	Melton Marvels 1	Knighton 5	

Week 20 - Tuesday 8th March 2016						
Court	Time : 7.00pm			Umpires		Duty Team
1	Knighton 3	v	Knighton 2	Charnwood Sapp. 1	Knighton 1	Knighton 1
2	Rutland Rockets 1	v	Grasshoppers 2	Charnwood Sapp. 2	Grasshoppers 1	
3	Knighton 4	v	Charnwood Sapp. 3	Grasshoppers 3	Hawks 1	
4	Grasshoppers 4	v	Blaby 1	Melton Gold	Team Vend	
5	Kingsway Kangaroos	v	Blaby Netball 2	Melton Marvels 2	Panthers	
6	Soar Valley Allsorts	v	Rutland Rockets 5	Grasshoppers 5	Charnwood Sapp. 4	
Court	8.20pm			Umpires		Duty Team
1	Charnwood Sapp. 1	v	Knighton 1	Knighton 3	Knighton 2	Rutland Rockets 1
2	Charnwood Sapp. 2	v	Grasshoppers 1	Rutland Rockets 1	Grasshoppers 2	
3	Grasshoppers 3	v	Hawks 1	Knighton 4	Charnwood Sapp. 3	
4	Melton Gold	v	Team Vend	Grasshoppers 4	Blaby 1	
5	Melton Marvels 2	v	Panthers	Kingsway Kangaroos	Blaby Netball 2	
6	Grasshoppers 5	v	Charnwood Sapp. 4	Soar Valley Allsorts	Rutland Rockets 5	

Week 21 - Tuesday 15th March 2016

Quarter Finals of Cup and Plate Competitions – Fixtures to follow

Week 22 - Tuesday 5th April 2016

Court	Time : 7.00pm			Umpires		Duty Team
1	Rutland Rockets 2	v	Hawks 2	Rutland Rockets 4	Melton Marvels 1	Fusion
2	Knighton 5	v	Rutland Rockets 3	Ictas	Fusion	
3	Panthers	v	Charnwood Sapp. 4	Kingsway Kangaroos	Melton Marvels 2	
4	Grasshoppers 2	v	Grasshoppers 1	Charnwood Sapp. 2	Charnwood Sapp. 1	
5	Melton Gold	v	Hawks 1	Team Vend	Grasshoppers 3	
Court	8.20pm			Umpires		Duty Team
1	Rutland Rockets 4	v	Melton Marvels 1	Rutland Rockets 2	Hawks 2	Hawks 2
2	Ictas	v	Fusion	Knighton 5	Rutland Rockets 3	
3	Kingsway Kangaroos	v	Melton Marvels 2	Panthers	Charnwood Sapp. 4	
4	Charnwood Sapp. 2	v	Charnwood Sapp. 1	Grasshoppers 2	Grasshoppers 1	
5	Team Vend	v	Grasshoppers 3	Melton Gold	Hawks 1	

Week 23 - Tuesday 12th April 2016

Court	Time : 7.00pm			Umpires		Duty Team
1	Knighton 2	v	Grasshoppers 1	Rutland Rockets 1	Knighton 1	Charnwood Sapphires 1
2	Grasshoppers 2	v	Charnwood Sapp. 2	Knighton 3	Charnwood Sapp. 1	
3	Team Vend	v	Hawks 1	Grasshoppers 4	Melton Gold	
4	Blaby Netball 1	v	Knighton 4	Charnwood Sapp. 3	Grasshoppers 3	
5	Knighton 5	v	Hawks 2	Rutland Rockets 4	Ictas	
6	Rutland Rockets 3	v	Rutland Rockets 2	Melton Marvels 1	Fusion	
Court	8.20pm			Umpires		Duty Team
1	Rutland Rockets 1	v	Knighton 1	Knighton 2	Grasshoppers 1	Grasshoppers 2
2	Knighton 3	v	Charnwood Sapp. 1	Grasshoppers 2	Charnwood Sapp. 2	
3	Grasshoppers 4	v	Melton Gold	Team Vend	Hawks 1	
4	Charnwood Sapp. 3	v	Grasshoppers 3	Blaby Netball 1	Knighton 4	
5	Rutland Rockets 4	v	Ictas	Knighton 5	Hawks 2	
6	Melton Marvels 1	v	Fusion	Rutland Rockets 3	Rutland Rockets 2	

Week 24 - Tuesday 19th April 2016

Semi's and Finals of Cup and Plate Competitions – Fixtures to follow

Week 25 - Tuesday 26th April 2016

Reserve Week

Coaches List 2015/2016

Please see your club secretary for information on this page or use the contact us 'general enquiries' section on the website

Umpire Mentor List 2015/2016

Please see your club secretary for information on this page or use the contact us 'general enquiries' section on the website

Umpires List 2015/2016

Please see your club secretary for information on this page or use the contact us 'general enquiries' section on the website

REMINDER

Unqualified umpires can only be used in Division 2 or 3 and MUST have a mentor with them at all times. To register for 'unqualified status' proof of attending a C award course within the last 2 years must be provided to the Umpire Secretary.